

Friday October 18, 2019

Somerset County
Human Services Building
27 Warren Street
Somerville, NJ 08876

9:00am-11:30am (Registration begins at 8:30am)

Not Just For Likes

Presented by
Olamide Margarucci, MS/MFT
Somerset County Family Crisis Intervention Unit

This presentation will start the conversation about the effects of social media use on mental health, specifically focusing on youth ages 10 to 21. Participants will learn about the significance of Generation Z, popular social media platforms, body image, self-esteem, effects on anxiety and depression, mindful use of social media, and what parents and providers can do to support youth.

Cost is \$20.00 which includes a light breakfast & professional development credits. Cash or check made payable to:

Friends of Somerset County Youth *

To register contact: Gretchen Craig at gcraig@co.somerset.nj.us
(Free Parking in adjacent parking deck third level or higher)

The FCIU serves children and families who are in crisis as a result of any or all of the following: juvenile-family conflicts, serious threat to the well-being and physical safety of a juvenile, runaway behavior, youth involved in human trafficking, or youth who are truant from school. The Unit provides immediate intervention, assessment, family therapy, and case management services in an effort to stabilize the crisis and avoid the need for court involvement and/or placement. Staff is available after business hours for emergencies 24 hours a day/365 days a year.

^{*} Friends of Somerset County Youth is a 501 (c) 3 organization